

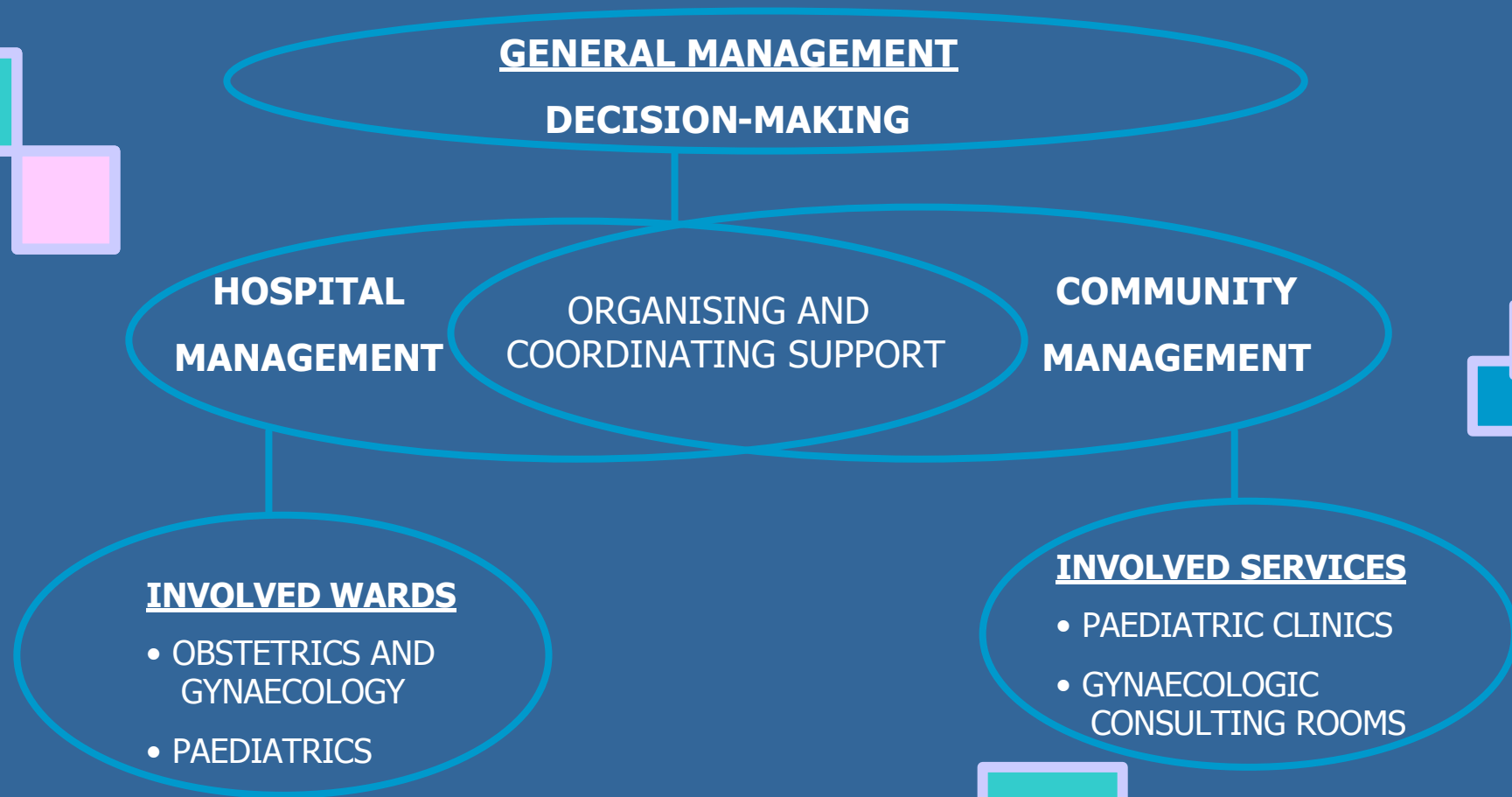
Setting up a training course for Migrant Women in Guastalla*, Italy

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Levels of implementation of sub-project





Criteria used to choose participants

We contacted women:

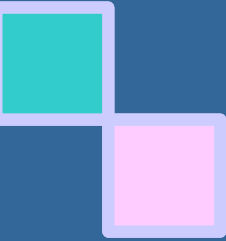
- Residing in the three municipalities with the highest rate of migrant women;
- Who had delivered their babies between July 2003 and February 2004;
- Mainly belonging to Indian and Pakistani ethnic groups.

Methods of recruitment

- Posting/delivering information letters;
- Information meeting at paediatricians' clinics;
- Telephone calls made by intercultural mediator.



Places of origin and number of participants



India (10), Tunisia (1), Morocco (1), Guinea(1), Nigeria (2), Dominican Republic (1), Senegal (1), Macedonia (1), Moldova (1).

Intercultural-linguistic mediators

Intercultural-linguistic mediators for Arabic and Punjabi languages were present at each lesson.

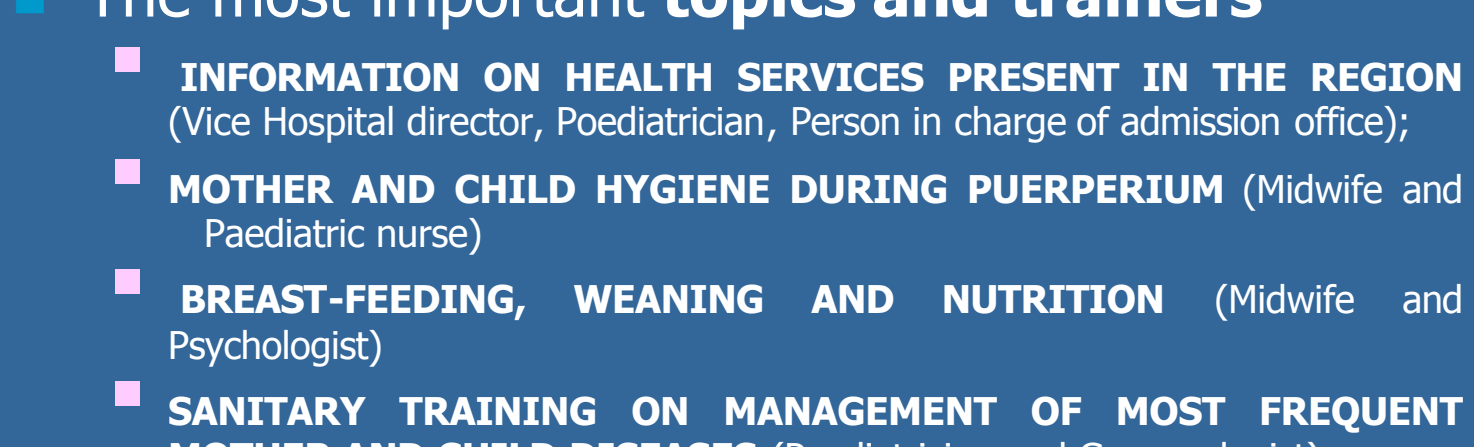


Parallel services

- Taxi service
- Baby-sitting service

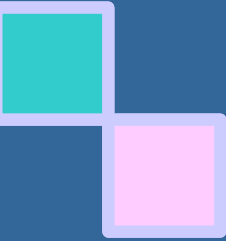


Topics and methods

- The most important **topics and trainers**
 - **INFORMATION ON HEALTH SERVICES PRESENT IN THE REGION** (Vice Hospital director, Paediatrician, Person in charge of admission office);
 - **MOTHER AND CHILD HYGIENE DURING PUERPERIUM** (Midwife and Paediatric nurse)
 - **BREAST-FEEDING, WEANING AND NUTRITION** (Midwife and Psychologist)
 - **SANITARY TRAINING ON MANAGEMENT OF MOST FREQUENT MOTHER AND CHILD DISEASES** (Paediatrician and Gynaecologist)
 - **Methods**
 - Lessons with trainers
 - Opportunity for private questions
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Results and conclusions

- Participants showed a high degree of satisfaction and a strong interest in the topics, they would be interested in attending other similar courses;
 - The staff acknowledged the importance of this initiative, but cannot see any practical improvements in the use of services by migrants yet;
 - Due to the success of this experience, the organisation is now willing to extend this kind of initiative to a wider area of the region.
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